

First Choice Health Employee Assistance Program (EAP) provides you, your spouse or domestic partner, and children up to age 26, coaching and problem solving services that are free, convenient, and confidential with a licensed behavioral health provider. Call **1-800-777-4114** or visit our website at [www.FirstChoiceEAP.com](http://www.FirstChoiceEAP.com).

Available Service	Description	Benefit
<b>Counseling assessment and referral</b>	Meet with a licensed mental health professional face-to-face or via telehealth to discuss a variety of concerns, get assistance, and utilize crisis support. Our customer service representatives will find an EAP provider who meets your specialty preference, takes your insurance (in most cases), is located near your home or work, and is available on your schedule. Licensed providers are also available 24/7 by phone for crisis management.	Sessions are included in EAP benefit (once per issue per rolling year); employee pays privately or through insurance (if possible) for further sessions.
<b>Legal consultation</b>	Typical issues include: wills and estate planning, family and domestic concerns, motor vehicle matters, civil issues, elder law, divorce and parenting plans, juvenile issues, and a variety of other concerns.	Free 30-minute consultation per issue per year. 25% reduction in the attorney's normal hourly fees if retained. Legal forms and templates are also available free on our website.
<b>Financial services</b>	Topics include: budgeting, estate planning, credit card consolidation, savings, debt management, retirement planning, and more.	Free 30-minute telephonic consultation per issue per year. Look to our website for money-saving tips and resources on many other topics related to finances.
<b>Home ownership assistance</b>	Support includes: finding a realtor, credit towards closing costs, year-end mortgage review, down payment assistance and grant programs, and discounts on real estate commissions.	This program helps employees buy, sell, or refinance a home and provides significant discounts. Available to first time, repeat, or investment buyers and sellers.
<b>Identity theft</b>	Fraud Resolution Specialist are here to help if become a victim of identity theft. Our team of qualified legal professionals can provide you with step-by-step guidance and consultation about identity theft or fraud.	60 minute coaching session per issue per year.
<b>Childcare referrals</b>	Qualified childcare professionals help identify services including: prenatal care, daycare, summer activities, special needs resources, adoption, child development, parenting skills, step-parenting, single parenting, issues of adolescence, and college planning.	This convenient service offers families and parents resources for child-related needs.
<b>Eldercare services</b>	This comprehensive service can save you time and increase your peace of mind with information on Medicare, Social Security, in-home care, transportation, chore services, assisted living, and many other resources.	Our eldercare experts can provide you with resources, regardless of where your family member lives.